

Opening Your Heart/Keeping in Balance
2020-2021 Calendar – St. Denis Tuesday Evening

| Session | Date | Opening Your Heart | Keeping in Balance |
|----------------|-------------|-------------------------------------------------------------------------------|----------------------------------------------|
| 1 | 10/6 | Connect Coffee: Four Steps to WWP | Getting a Grip Through Authenticity |
| 2 | 10/13 | Who is Jesus Christ? | Balance Through Authenticity |
| 3 | 10/20 | Why is Jesus Interested in My Friendship? | Balance Through Priorities |
| 4 | 10/27 | Why and How Should I Pray? | Balancing Expectations |
| 5 | 11/3 | Connect Coffee: God - First Place in All Things | Getting a Grip Through Relationships |
| 6 | 11/10 | Who is the Holy Spirit? | Balance Through Relationships |
| 7 | 11/17 | Why Should I Read the Bible? | Balance Through Worship |
| 8 | 12/1 | What is Grace; What Difference Does It Make? | Balance in Your Schedule |
| 9 | 12/8 | What are the Limits of Christ's Forgiveness? | Balance Through Rest |
| 10 | 12/15 | Connect Coffee: Your Heart - You are Captivating | Getting a Grip Through Rest |
| 11 | 1/12 | What Does the Sacrament of Penance Have to Do with My Friendship with Christ? | Balance Through Service |
| 12 | 1/19 | What Does the Eucharist Have to do with My Friendship with Christ? | Balance Through Contentment |
| 13 | 1/26 | How Can I Conquer My Fears? | Balance Through Simplicity |
| 14 | 2/2 | Connect Coffee: Marriage Transformed by Grace | Getting a Grip Through Simplicity |
| 15 | 2/23 | What is the Role of Suffering in My Life? | Balancing Our Cravings |
| 16 | 3/2 | What Does Mary Have to do with My Relationship with Christ? | Balance Through Self-Discipline |
| 17 | 3/9 | Can God Really Change Me or Is That Just Wishful Thinking? | Balance Through Surrender |
| 18 | 3/16 | Connect Coffee: Reaching Your Child's Heart | Getting a Grip When It All Falls Apart |
| 19 | 3/23 | What Challenges Will I Face in My Efforts to Follow Jesus More Closely? | Balance Between Mediocrity and Perfectionism |
| 20 | 4/13 | What is the Relevance of the Church in My Life? | Balance in Our Thought Life |
| 21 | 4/20 | How Do I Read the Bible in a Meaningful Way? | Balance Through Engaging Culture |
| 22 | 4/27 | Connect Coffee: Set the World on Fire | Getting a Grip in Culture |